

1 December 2025

WATERWHEEL



WAFFLES



Quarterly Newsletter of the Waterwheel Community Shed

(or what's been happening at the Shed recently!)

Welcome to Waffles No 4.

To make sure I don't forget, I'm rectifying yet another mistake I made in Issue No.3, and once more sincerely apologise for misspelling Malcolm **Holmes** name - again! Sorry Malcolm!

During this issue we were due to attend the Roleystone Markets on Sunday 14th September. Unfortunately that Sunday coincided with a strong and very windy weather front, so the Markets were cancelled. The next market is due on Sunday 7th December, so let's hope the weather is a little better!

On the plus side, I should have been reporting the installation of a large battery system to add to our solar power system. This has been due to the diligent chasing of grants by Henry to fund this item.

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Unfortunately, bureaucracy stepped in and we have only just received the money.

In September the pump system for the septic tank was moved to a higher position and the paving rearranged to suit. With all the decking that Paul has managed to acquire, and as the warmer weather approaches we can make the area behind the kitchen a pleasant sitting area for morning tea and events.

Finally, welcome to the new Committee. It is good to see some new faces taking part in the running of the Shed. To thrive the Shed needs new ideas and innovations, so welcome onboard Gary as the new Treasurer and Neil and Larry as Committee members.





Mick's Back!

Oh joy, Mick is back from his camping travelling excursion, so he is able to supply "cheesy bread" once more!

The entire batch of cooked bread disappeared in no time at all at Thursday 28th August morning tea, mainly due to 22 members being on hand to devour it!



Thursday 4th September we had 25 members hoo into Mick's modified Glamorgan pies (with added cheese!), which survived a whole 5 minutes before being consumed!



Is there no end to this man's cooking talents?

Once again Mick kept us all well fed with BBQ bread and jam.



Mick's Back Part 2!

As many of you might know, I love nothing more than something with cheese in it!

Thursday 18th Mick indulged me with cheesy scones. They were delicious!

Seen below is Ian hard at work mixing the ingredients together under Mick's watchful eye, and the careful cutting out ceremony! Yum!



I spend all morning making scones and in two minutes they're gone!



New Members



Well, not quite. Welcome Ron who visited us from the Lake Grace Men's Shed.

I understand Ron is moving to Roleystone in the future and was over here visiting and decided to see what we get up to.

Lake Grace has some 100 or so members, but Ron told me only half a dozen or so visit on a regular basis.

National Days Around The World (part 2).

To continue down this rabbit hole, I bring you the National Days around the world for December 1st.

National Christmas Lights Day is a day designated to celebrate the beauty and joy of Christmas lights. It is a time to appreciate the festive displays and decorations that light up homes, neighbourhoods, and cities during the holiday season.

National Cookie Cutter Day is a day dedicated to celebrating and appreciating the small metal or plastic devices used to create various shapes of cookies. It is an opportunity to bake and decorate cookies using different cookie cutters, creating fun and festive treats for all to enjoy.

National Peppermint Bark Day is a designated day to celebrate and indulge in the sweet treat known as peppermint bark. This popular holiday treat typically consists of layers of chocolate and crushed candy canes or peppermint can-

dies.

National Women Support Women Day is a day dedicated to promoting unity, empowerment, and solidarity among women. It encourages women to uplift and encourage one another, celebrate achievements, and advocate for gender equality. It aims to foster a supportive and inclusive environment for women of all ages.

World AIDS Day is observed on December 1st every year to raise awareness about the AIDS pandemic, honour those who have died from the disease, support those living with HIV/AIDS, and promote action to prevent new infections.

Bifocals At The Monitor Liberation Day is a day dedicated to raising awareness about the importance of eye health and the potential hazards of prolonged screen time. It aims to promote the use of proper eyewear, regular

eye exams, and healthy habits.

National Eat A Red Apple Day is an annual observance celebrated on December 1st, encouraging people to enjoy and incorporate red apples into their diet. It promotes the health benefits of apples and encourages individuals to make healthier dietary choices.

Cyber Monday, celebrated annually on the Monday following Thanksgiving in America, has become one of the year's most significant online shopping events. With discounts on everything from electronics and apparel to home goods and beauty products, Cyber Monday allows shoppers to score significant deals from the comfort of their homes. The rise of e-commerce and the growth of online shopping have made Cyber Monday a key part of the holiday shopping season.



Shed Education



As part of our continued series on sections of the Waterwheel Safety Manual, I've included the pages on Welding Fumes and Lung Safety for your edification.

WELDING FUMES

Problem - Metal fume fever, possible increased cancer risk.

The following dangers are associated with metal dusts.

The dangers of inhaling different types of metal dust really depends on the material you are working with.

Some examples of dangerous metal dusts include:

- Iron dust – can accumulate in the lungs, causing Siderosis (Welder's lung)
- Aluminium Dust – irritates the respiratory system (contributes to lung disorders)
- Beryllium dust – irritates the lungs and may result in Tracheobronchitis (inflammation of the windpipe and bronchi), Pneumonitis (inflammation of the lung tissue) and Berylliosis (a chronic lung response to Beryllium and its compounds).
- Lead dust – results in systemic poison effects and is incredibly toxic
- Manganese dust – (welding wire) – irritates the lungs and can have a chronic effect on the nervous system
- Nickel dust – irritates the respiratory tract and may result in lung or nasal

cancer.

LUNG SAFETY

Solution: Exhaust – Extract – Ventilate – Personal Filtration

- Wood dust is an inevitable by-product of woodworking.
- A lesser known carcinogen compared to pungent smelling synthetic chemicals, long-term exposure to wood dust has been associated with an increased risk of chronic obstructive pulmonary disease (COPD) and cancer.
- Dust from hardwoods such as mahogany, oak and walnut have been correlated with an increased incidence of nasal cancer among woodworkers.
- Extremely fine in size, wood dust enters the respiratory system when inhaled by unprotected workers.
- A quality safety dust mask with a high level of filtration keeps wood dust away from your nasal and oral passages and helps to establish a healthier work environment.
- Breathing protection must be worn in any workshop area when dust is being generated.
- The wearing of the paper masks is not mandatory, but highly encouraged. As this is a personal item we do not supply them. Bring your own and look after it.
- All air filters are to be turned **ON** when the workshop is open.

Shed Projects



Pink Pig Mania!

Normally, David would be knocking up a few gas bottle bbq's, but with four in hand and demand having dropped over the last year or so (even Bunnings sell them now!), David elected to try something different - hence the pink pig! Even Neil and Paul are getting roped in to help in construction. Now with a few smaller gas bottles, David will be able to make a whole family!



Ray at Work



Shed Projects 2

Ray's chess board is taking shape, just the fitting of the surround, some more sanding and smoothing and it will be ready for the finishing coats. In the second picture Ray is finishing it off with some green baize for the base. It's amazing what you can do with some skill and patience! Good one Ray.

A Hospital Bedside Table



Ian spied fixing a somewhat useless hospital bedside table. After a good few hours fiddling with friction locks and release handles, Ian finally had it tamed!

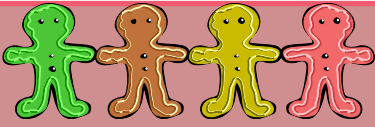
Keith and Derek Make Lots of New Chairs

Keith and Derek working on chair number 2 out of the 80+ Keith brought in last week.

Most of them were to become scrap metal, but this has fallen through, so if you want a hand finished, almost indestructible chair, please see Keith or Derek!

At present there are 4 finished chairs - only another 70+ to go!





Shed Projects 3

Busy, Busy, Busy!



Busy outside today in the covered area. Jim is cutting out the stock for a new (inert) B weapon, Dave is welding another pig? and John and Keith are put the finishing touches to another chair. It's what a Shed is all about :-)

Steve Takes Stock



More on Steve's guitar. Here he is finishing the installation of the steel brace in the stock of his new guitar project. This is required to help brace the stock against the pull of the tightened strings when the instrument is stung. Very precise engineering is required. And now the finished article, just waiting for the shellac to dry!



Farewell Auto-stop Saw-bench!



Shed Projects 4



After the auto-stop saw-bench had another incident of tripping the safety mechanism, it was decided to replace it with a more conventional device.

Since installation, the original bench went through five stop mechanisms costing over \$800 to replace, thankfully none of the incidents involved shed member body parts.

Although the new saw is more conventional in operation, please make sure you know how to operate before diving into your next project.

Is It a Chicken or an Eagle?



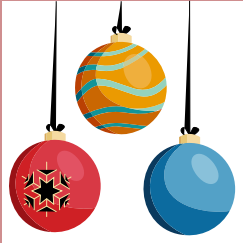
Bird themed planter boxes seem to be all the rage. Below is Gary applying a very steady hand at painting his latest creation.

His hand was so steady that it was suggested that perhaps he could paint the underside of the Shed extension roof, Sistine Chapel style, but unfortunately Gary declined! Oh well, back to painting chickens - or is that an eagle?



More Chair Repairs

Shed Projects 5



I can only assume that most people sit on a chair like I do, that is leaning backwards for more comfort. The end result of course is a broken chair!

Good to see Ron is back from his travels over East getting stuck in, and the two Ian's on the tools wrestling with another broken example. Chairs, chairs, chairs!



Shade Sails in the Sunset

Bugger it! he said. Who said that? You might guess - name starting with Neil.

Apparently we scored a large square shade sail in a recent pick up, so Neil went about fitting a square sail in a triangular setting! No problem. With a few adjustments and extra suspension point, it's as good as done.

So now when the sun is blazing down over the next few months, you can bathe in shadow courtesy of Neil and the throw away shade sail.

One man's trash is another man's treasure!



Have I mentioned chairs?

Keith and Larry set about another reseating of one of the large donation of metal chairs.

These new wooden slatted seats are flying out of the door - the only problem being is the amount of wood they consume, however it might make a dint in the stockpile in Keith's shed!

Lyle Steers in Style



Shed Projects 6



Here's Lyle with two steering wheel reconstructions that he has completed. He's showing the jointing of the sections that make up a 1950's wheel, whilst you can see a much earlier 1920's four spoke wheel on the bench. What talent our members have!

Murray Plays With Design



A very proud Murray showing off his latest creation, a multi block shaped and grained chopping board.



It never ceases to amaze me what a little imagination, a few bits of various types of wood, and a whole lot of skill can achieve! I'm sure these will appeal to buyers at our next market day. Well done Murray!

Man / Chainsaw / Sawdust



The results of large lumps of wood and a man (Graham) armed with a chainsaw can achieve. Lots of smaller lumps of wood and a whole pile of sawdust!

I'm looking forward to seeing just what Graham is going to turn all these smaller lumps of wood into - I know they will be interesting!

Shed Projects 7



More Free Wood!

Thanks to Paul's interest in the Byford Rail Extension, on Thursday 25th September we were visited by five members of the team building the Byford Rail Extension station.

With them they brought a stack of pine decking timber that you can see below. This was used as a temporary decking for walkways around the construction huts being used whilst the station was being completed.

Now that the station is finished, the wood was surplus to requirements, and where better to dispose of extra wood, our Community Shed!

Our thanks to Paul for making it happen and the lads from the Station for their generosity.



v880 Mosquito Floats

At the beginning of October the City of Armadale awarded the Shed the construction of another batch of Mosquito killer floats.

Fortunately, with the recent donation of a large supply of pine decking material, we have plenty of materials to manufacture these.

Below are Ian and Len setting about a production line of manufacture, Ian chops the wood and Len drills the holes. Larry is giving them a good dunking in BondCrete!

The final stage of production being the addition of the Mossy killer chemical pods being glued to the wood floats, and the job's done!



Shed Projects 8



GIBBLEGUTS.COM By Dan Gibson



Hey Maury look at me... I'm on CRACK! Get it?
...on crack? Har Hardy Har!!



Neil's Travels



“In our travels so far we have found Nigel's other thong at Port Germain, 🤪 we have rolled up Magnetic Hill (certainly tricks your eye) where the ground is level!

We are now stopped at a camp site about 90 km west of Cobar with our own personal chair for the night.

Neil's Travels 2



Above are a few of the camps here at Lighting Ridge. Also a bit better house for sale if anyone interested 🤔 and so called normal houses as well. Jen Baker been looking at opals but I've been cheep day today with no guarantee to follow her 🤔. Been on a few of the colour door tours, some interesting places.

We passed through Griffith today and saw Hermits cave. Apparently someone used to live in it, and it looks like he grew a few plants as well as a bit of stone work.



Griffith is the first place on this trip I just wanted to get out of. The person who designed it apparently did Canberra as well. Total F*-k Witt from my opinion."

Greta Has a Birthday!



Happy Birthday Greta!

One of our long term members Greta, came in on Tuesday 23rd (a day after her birthday) bearing the gift of a huge chocolate mud cake to celebrate her 21st birthday :-)

Although Tuesday is one of the quieter days, 14 members enjoyed a healthy slice of cake at morning tea to help celebrate with Greta. Fortunately there was a little left over so she could treat her family to a slice!

Accompanying Greta was her self made "wonky dog" which Greta put together herself in the workshop. It managed to bring a smile to everyone's face.

Unfortunately recently Greta's mobility has been restricted by her illness, and she is not able to attend the Shed on a regular basis, but hopes to complete another 'wonky dog'.



Birthday No2



Also celebrating a birthday (October) with us was Larry, who brought in some excellent cakes for morning tea.

He still has his boyish good looks, don't you think?



Birthday No3



Who can't resist donuts with sprinkles?

To compliment the treat with the less fattening centre, Mick and Ian H provided two plates of deliciously cheesy polenta chips to devour.

I'll have to stop eating at home soon!



Birthday No4



Hot on the heels of Ian's birthday came Steve's.

This time to tempt us from breaking our diets, Steve came armed with a very tasty chocolate cake as well as a caramel version.

No stretched waistlines here!



Mentally Healthy WA

Proud partner of Act Belong Commit,
supporting good mental health
in our community.

actbelongcommit.org.au

As some of you may not have been present when “Act, Belong, Commit” visited the Shed recently, you will be pleased to note that we now have a partnership where we promote them and they promote us.

If you have a look at our website (www.waterwheelshed.org.au), you will see their logo prominently displayed on the front page.

In turn Act Belong Commit promote us on their

website.

To achieve this we have to:

- Add the Act Belong Commit logo to our website with a link to actbelongcommit.org.au
- Add our Organisation to the Act Belong Commit Activity Finder tool
- Promote our organisation being on the Act Belong Commit Activity Finder Tool.

All of the above have been completed.

If you would like to see

what they used all the filmed footage for, please see the You tube page:

<https://www.youtube.com/watch?v=Pfx2XX5B6Wc>

where you can see Henry, Ian and Gary in full glorious technicolour doing things in the Shed.

Really loved the “slowmo” wood planing Gary!

How will Act Belong Commit support you...

We want to make it as easy as possible for you to be an active Act Belong Commit® Partner as well as publicly recognise your support. During the term of our partnership we will:

- Add your organisation's logo to the Act Belong Commit® website with link to your website or Facebook page.
- Authorise your organisation to use the Act Belong Commit® Campaign brand and resources through our licence agreement.
- Provide access to Act Belong Commit® resources.
- Train you ways to promote the Act Belong Commit® message and support you through webinars and other professional development.
- Communicate regularly with you through a dedicated Partner newsletter.
- Promote your organisation's services, events and activities on the Act Belong Commit® Activity Finder tool.
- Provide access to the Act Belong Commit® partner Facebook group so you can network with other partners.



Bedfordale Markets



Bedfordale BUSH MARKET



Sales Bedfordale Market October

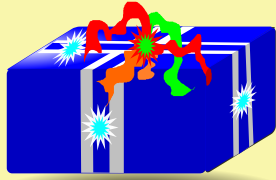
Item No	Description	Cost	Card/Cash
1	Metal Rooster	\$25.00	20/5
2	Metal Hen	\$25.00	20/5
3	Metal Grasshopper	\$25.00	Cash
4	Plastic Fidget	\$20.00	Card
5	Oven Tray Pusher	\$5.00	Cash
6	Metal Mouse	\$25.00	Cash
7	Metal Hen	\$23.33	Cash
8	Metal Parrot	\$23.33	Cash
9	Metal Parrot	\$23.33	Cash
10	Metal Kangaroo	\$25.00	Cash
11	Pot Plant Holder	\$60.00	Cash
12	Large Plastic Snake	\$15.00	Cash
13	Wooden Plate	\$25.00	Cash
14	Wooden Tractor	\$15.00	Cash
15	Metal Crow	\$25.00	Cash
16	Wooden Coasters	\$25.00	Cash
17	2 x Plastic Fidget Cones	\$40.00	Cash
18	Metal Owl	\$25.00	Cash
19	TOTAL	\$450.00	

Bedfordale Market in October, Stephen, Keith and ? took a load of goods for the market.

As you can see from the table below they did quite well, selling \$450 worth of goods. The breakdown shows that items in the \$25 range were most popular, with metal being the best seller but 3D printed items becoming more popular.

The final market day for the year is on Saturday 8th November, this time from 3pm to 7pm.





Vote 1 For Veronica!



Yes, our very own Vice President is standing in the local elections to be held on Saturday 18th October.

Incase you didn't get to see Veronica's flyer before the election, here's an extraction:

A resident of Roleystone since 2009, I have been actively engaged in the community for much of that time. I am someone who loves a challenge and when I commit to a cause I give it 100%.

I am very proud to nominate as a councillor for our wonderful Hills Ward.

Following a long career in Retail management, Customer Service is in my DNA and I will do my utmost to achieve the best possible outcomes for our Hills community by working closely with local groups, the City of Armadale as well as other Councillors.

Unfortunately Veronica didn't get in, and Scott mosey was re-elected :-)

Guest Speaker



Our guest speaker for Saturday 27th September was our ex-President, Phil Aked, who gave a talk titled "My Life in Helicopters".

Phil took his audience through his flying career, whilst explaining some of the inherent problems of trying to make helicopters fly, and some of the highlights of his 44 years in aviation.



Do Supplements For Prostate Health Work?



Whether you want to prevent a health problem or solve one, it can be tempting to try things that promise quick, simple, and ‘natural’ solutions. Supplements are a popular option in this pursuit, with at least one-third of Australian men using them, especially as they get older.

There are many supplements on the market claiming to support prostate health, but do they work? Here’s what you need to know about the benefits and dangers of prostate health supplements.

What ingredients are in prostate health supplements?

Supplements that target prostate health commonly contain ingredients such as Serenoa repens (saw palmetto) extract, Urtica dioica nettle extract, Lycopersicon esculentum (tomato) extract, vitamin E, selenium, zinc, soy, and green tea.

However, supplements can also contain ingredients and dosages that aren’t on the label, which may pose health risks. Contamination is present in 27% of herbal products sold globally, with the proportion of adulterated products highest in Australia at 79%[1]. More than half of a range of traditional Chinese medicines available in Australia were contaminated by animal products, poisons, and/or heavy metals[2].

Are there benefits of prostate health supplements?

There’s been plenty of research into specific foods and the substances in them that could help prevent prostate cancer or manage symptoms of prostate disease and you might have seen media headlines around the benefits of things like tomatoes, soy, and saw palmetto. However, the evidence for these products (and their derivatives) is limited and

it’s not possible to draw conclusions about how effective they are[3].

“Some of the data are supportive whilst others are not,” says urological surgeon, Dr Darren Katz. “For BPH (benign prostatic hyperplasia), it is possible saw palmetto may have mild benefit, but phytotherapy has really not been proven with high-quality studies to prevent prostate cancer.”

Supplements usually contain multiple ingredients, which can make it harder to determine the benefits and harms.

“Studies are difficult to perform with supplements as often different parts of the plant are used and at different dosages,” Dr Katz says.

“Nutritional supplements are the icing on the cake – the 1%,” says Accredited Practising Dietitian, Joel Feren. “If you don’t have a sound diet – the foundations of the cake – no supplement will elevate

your health or promote longevity. Focus on diet and lifestyle measures before exploring nutritional supplements.”

Are there dangers to using prostate health supplements?

“Just because something is ‘over-the-counter’ and considered ‘natural’ does not mean it may not have side effects,” Dr Katz says.

You should always chat with your doctor or specialist before you start taking a supplement.

“For patients that are taking multiple medications, it is important to know if there are any interactions with any new medication,” Dr Katz says. “These potential interactions can be quite dangerous for over-the-counter supplements as they may not have been studied.”

Some research has suggested vitamin E is linked to an increased risk of prostate cancer.

Did Selenium and Vitamin E Prevent Prostate Cancer? The SELECT Trial Results

“There was a trend years ago for patients to take

either selenium or vitamin E to prevent prostate cancer, therefore a large trial called the SELECT trial was performed,” Dr Katz says. “In 2011 the updated data suggested that selenium did not prevent prostate cancer and men who took vitamin E actually had an increased risk of prostate cancer detection.”

Although these data are not conclusive, they do highlight that supplements aren’t as harmless as you might think.

“Some patients should actually be seeing a specialist because of a serious health issue related to the prostate and their presentation may be delayed as they trial different supplements, which may not work,” Dr Katz says.

What can help your prostate health?

There are factors that contribute to prostate problems that you can’t control, like your genetics or age. But habits like maintaining a healthy weight, eating a balanced diet, and exercising regularly can help improve

your prostate health.

There are also medications that can manage lower urinary tract symptoms common in prostate disease.

“The benefit of prescription medication is that it is rigorously analysed,” Dr Katz says.

“We know precisely the side effect profile (usually very well-tolerated) as well as well-defined improvements, which are supported by large randomised controlled trials. The dosages are exact and the manufacturing process is highly regulated.”

If you’re worried about your prostate health or are experiencing symptoms of prostate disease, chat with a health professional.

References

[1] Ichim, 2019. The DNA-based authentication of commercial herbal products reveals their globally widespread adulteration. *Frontiers in pharmacology*

[2] Coghlan et al., 2015. Combined DNA, toxicological and heavy metal analyses provides an auditing toolkit to improve pharmacovigilance of traditional Chinese medicine (TCM). *Scientific Reports*

[3] World Cancer Research Fund/ American Institute for Cancer Research. Diet, Nutrition, Physical Activity and Prostate Cancer: a Global Perspective. Continuous Update Project Expert Report 2018



New Use For Wood Filler?



A picture of Bear using some wood filler to tidy up a piece of burr, before making it into another of his marvellous clock/barometer/temperature masterpieces.

But who is that lurking in the background with a spatula at the ready?

With spatula loaded with a generous amount of filler Len (yes, our supplier of tasty fish), can be seen working on holes in his shoes to block up the orifices!

Well, I've seen things used for all sorts of jobs they were never intended to be used for, but wood filler in shoes? Well done Len!

I'm Board!

What are David and Steve up to?

Well, David is starting the construction of a 'Welcome Wedding Board' complete with floral decorations (I'm told), which will greet guests at a clients daughter's wedding next year.

I think Steve is giving instructions on how not to do it, or perhaps cheering David on - you choose!



Donation



Recently Henry was contacted by a local school, who had inadvertently purchased a petrol powered mulcher for their school. Unfortunately, their school rules forbade the storing of such items due to a policy of not having machines, that if accessed and mishandled by pupils, could do them serious damage.

After offering it to a more local Men's Shed who didn't see the value in it, the school caretaker offered it to us. Cost new was in the order of \$1900, but the school acquired it at a lesser rate. However, recently Henry sold it on Facebook for \$900. What a nice litter earner!

David & Phil Make a Bench (well David mostly!)

“Would you care to help me make a bench?” I asked David. “Of course I would” was his reply.

The first picture below is of the original bench (to which I have added the missing seat slat) and David labouring to get everything square before the final screwing and assembly process.

Though I say it myself, it is a pretty damn good replica of the original, which I'm sure my wife Nissa will enjoy sitting on to watch over her garden at the front of our house. A coat of wood preserver and the job's done.

Very many thanks David for your expertise.



"What a load of bull" said Dave!



AGM 2025



Twenty one members attended the AGM for 2025, which was held on 18th September. Here is part of our **President's Report from Henry Zelones.**

"I would like to start off this report to acknowledge the contribution made by all our members and the good nature in which they have participated in being a member.

I would like to point out that there have been some major contributions by some of our members. While there is always risk that when mentioning a name that someone may feel they have been left out or have not been acknowledge. It is not my intention to make a list but if I had to it would be considerable.

However, I would like to acknowledge and thank Jack for stepping into the Treasurer's role at the last AGM. Jack has decided that he would like to get back on the tools.

I'd like to acknowledge and thank all members of the Management Committee for their assistance in the smooth operation of the Waterwheel Shed. All members would agree that much of their time is spent after hours when the shed is closed.

At this point I would like to acknowledge one individual whose contribution has been very notable (Neil). As this report will be distributed with the AGM reports, I will complete this part of my report at the AGM."

Extract from Treasurer's Report

Details	Current month	Year 25-26
Total Income	1,119.20	17,367.16
Total Expenses	1,456.76	9,807.33
Operating Surplus/Deficit	337.56	7,559.83
Bendigo Bank Accounts		
RCMS Statement Account	47.25	
WCS Transaction Account	43,046.70	
WCS Grants and Donations	22,776.09	
WCS Debit Card Balance	249.08	
Total Funds at Bank	66,119.12	
Square Funds not banked		
TidyHQ net cash position		66,269.12
Cash on hand (float)	150.00	
Cash position	66,269.12	



Outgoing Committee



Your New Committee for 2025/2026



Henry Zelones
President



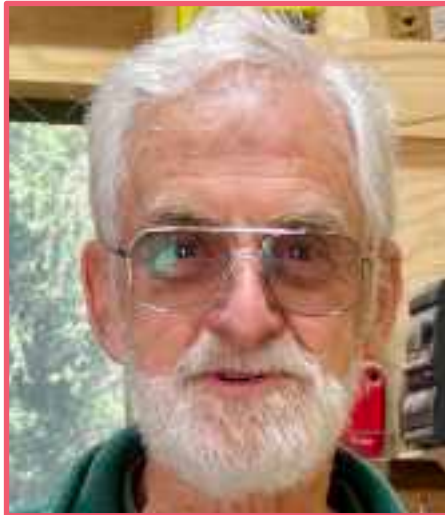
Veronica Hansen
Vice President



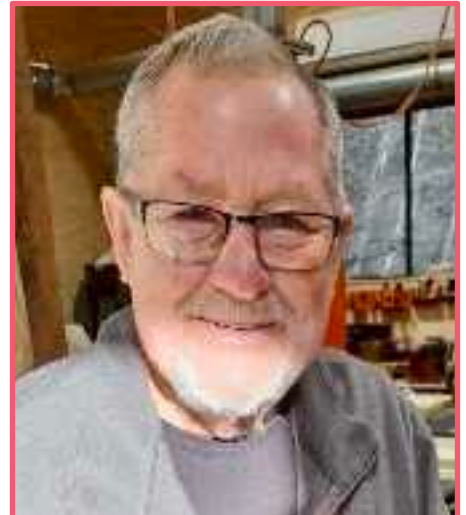
Gary Wheeler
Treasurer



Ian Hafekost
Secretary



Murray Hight
Committee



Larry Waters
Committee



Neil Baker
Committee



John Stenhouse
Committee



Stephen Hughes
Committee

Don't Forget Our Sponsors!



The City of Armadale, whose generous offer to provide and renovate our building, made the Waterwheel Shed a reality.



Lotterywest has been our main donor, without whom our Shed would not have been possible.



The Bendigo Bank, who initiated the idea of a "Men's Shed", and have made large donations over the years.



Australian Government

Department of Veterans' Affairs

Department of Veteran's Affairs, who donated money to buy all the recreation room equipment and furniture.



Roleystone Real Estate, who sponsor us on a yearly basis.



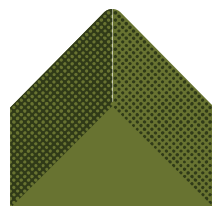
Jarrah Settlements, a long time yearly sponsor of the Shed.



The Department of Infrastructure, who have made various donations.

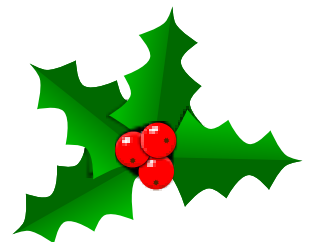


Men's Sheds of WA, who have provided various smaller donations over the years.



AUSTRALIAN MEN'S SHED ASSOCIATION

Shoulder to Shoulder
Australian Men's Shed Association, have provided donations in the past.



Waterwheel Waffles is the magazine of the Waterwheel Community Shed.
Your contributions, comments & feedback are welcome
Please contact the author at: phil@aked.com.au